

Funding of ABA/AVT and Psychotherapy for Individuals with Autism

A) Children & Adolescents

1) Youth Welfare Office – Integration Assistance according to § 35a SGB VIII

Support for participation in cases of (imminent) mental disability.

In many regions, **ABA/AVT** is recognized as a service within the official support plan.

Funding is provided through a **service and remuneration agreement**;

Supervision is considered an integral part of quality assurance.

Required documents: medical/psychological diagnosis, therapy or support plan, qualifications (e.g., licensed psychotherapist specializing in behavior therapy, BCBA), and cost calculation.

2) Integration Assistance under SGB IX (Social Welfare Office), including the Personal Budget (§ 29)

Covers services aimed at **social, educational, or daily-life participation**.

The **Personal Budget** allows for flexible funding of **therapy and supervision**.

3) Early Intervention (§ 46 SGB IX – Complex Service)

Interdisciplinary early support up to school entry.

ABA-oriented approaches may be integrated into the program, depending on regional regulations.

4) Health Insurance (SGB V)

Covers **psychotherapy according to official guidelines** provided by child and adolescent psychotherapists.

If no therapy slot is available within a reasonable time, treatment can be applied for under the **cost reimbursement procedure (§ 13 para. 3 SGB V)**.

B) Adults

1) Health Insurance (SGB V)

Covers **psychotherapy according to the German psychotherapy guidelines**, provided by licensed psychotherapists with health insurance accreditation.

If no therapy slot is available within a reasonable time, therapy can be approved under

the **cost reimbursement procedure (§ 13 para. 3 SGB V)**.

Reimbursement applies to therapy sessions, **not** to supervision.

2) Integration Assistance (SGB IX) and Personal Budget (§ 29)

For adults with autism who require support in daily living, employment, or social participation.

Funding is possible for **ABA/AVT-based programs**, social skills training, or daily living support.

Supervision is included as part of **quality assurance** in the service calculation.

3) Other Funding Sources / Institutions

If the intervention contributes to **participation in working life**, additional funding may be available through the **Pension Insurance, Integration Office, or Job Center** as part of **vocational rehabilitation**.

"Editorial revision by ChatGPT"

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